

SELF SERVICE

NÃO TEMOS  
SERVIÇO DE MESAcafé **espresso**

GREAT COFFEE. FRESH FOOD

SELF SERVICE

NÃO TEMOS  
SERVIÇO DE MESA**SALADS**€ 6<sup>70</sup>  
euros*Chicken Caesar*FRANGO, ALFACE, CROUTONS, PARMESÃO  
- CHICKEN, ROMAN LETTUCE, CROUTONS, PARMESAN*Tuna Niçoise*ATUM, OVOS, TOMATE, ALCAPARRAS, ALFACE,  
ANCHOVAS, BATATAS, FEIJÃO VERDE  
- TUNA, EGGS, TOMATO, CAPERS, LETTUCE, ANCHOVY,  
NEW POTATOES, GREEN BEANS**PANINI'S**€ 5<sup>20</sup>  
euros*Piri Piri Chicken*FRANGO PIRI PIRI, ESPINAFRE, QUEIJO  
- PIRI PIRI CHICKEN, SPINACH, CHEESE*Hey Pesto*MOZZARELLA, TOMATE, PESTO,  
FOLHAS DE RÚCULA  
- MOZZARELLA, TOMATO, PESTO, ROCKET LEAVES*Tuna Melt*ATUM, MAIONESE, CEBOLA VERMELHA, QUEIJO  
- TUNA, MAYO, RED ONION, CHEESE**BAGUETTES**€ 5<sup>20</sup>  
euros*Pate & Lyne Tuna*ATUM, PEPINO, FOLHAS DE RÚCULA,  
CEBOLA VERMELHA, MAIONESE  
- TUNA, CUCUMBER, ROCKET LEAVES, RED ONION, MAYO*Mature Cheddar & Pickle*CHEDDAR, PICKLES, TOMATE SECO,  
CEBOLA VERMELHA, AGRIÃO  
- CHEDDAR, PICKLE, SUN-DRIED TOMATO,  
RED ONION, WATER CRESS*Seasonal Superfood*ABACATE, MOLHO TAPENADE, FLOCOS DE AMÊNDOA,  
PIMENTÃO VERMELHO, ESPINAFRES  
- AVOCADO, TAPENADE SAUCE, ALMOND FLAKES,  
RED PEPPERS, SPINACH**AÇAÍ BOWL**€ 6<sup>50</sup>  
euros*Açaí Meal*AÇAÍ, GRANOLA, MORANGO, BANANA, MEL  
- AÇAÍ, GRANOLA, STRAWBERRY, BANANA, HONEY**Croissants**

FIAMBRE E QUEIJO

- Ham and Cheese -

€ 3<sup>40</sup>  
euros

MANTEIGA E GELEIA

- Butter and Jam -

€ 2<sup>40</sup>  
euros**Torta  
MISTA**

FIAMBRE E QUEIJO

- Ham and Cheese -

€ 3<sup>85</sup>  
euros**BELGIAN  
Waffles**

BANANA E NUTELA 5.10

BAUNILHA E MEL 5.00

- Vanilla and Honey -

FRUTOS VERMELHOS 5.20

- Red berries -

**Homemade  
Fresh  
Pizza Slice**

PREPARED DAILY

€ 3<sup>30</sup>  
euros**BAKED  
TREATS**€ 1<sup>60</sup>  
eurosPASTEL  
DE NATA€ 2<sup>50</sup>  
eurosBOLOS  
- CAKES -CAKES, COOKIES  
BROWNIES, MUFFINSPASTELARIA  
TRADICIONAL

PREPARED DAILY

FROM € 1<sup>99</sup>  
euros

WHOLE  
almond  
MILK

# SMOOTHIE & JUICE BAR

WHOLE  
almond  
MILK

350ml  
**Smoothies**  
€ 4.80

*Go Green*

BANANA, ESPINAFRE, ABACATE, ANANÁS, LEITE  
· BANANA, SPINACH, AVOCADO, PINEAPPLE, MILK

*Berry Bounce*

MIRTILO, MORANGO, FRAMBOESA, BANANA, LEITE  
· BLUEBERRY, STRAWBERRY, RASPBERRY, BANANA, MILK

*Cocoa Dream*

CACAU, BANANA, TAMAREIRA, LEITE  
· COCOA, BANANA, DATES, MILK

€ 5.00

*Açaí Shake*

AÇAÍ COM IOGURTE GREGO  
· AÇAÍ WITH GREEK YOGURT

350ml  
**Raw Juices**  
€ 4.80

*Glowing Green*

MAÇÃ, ESPINAFRE, ANANÁS, GENGIBRE  
· APPLE, SPINACH, PINEAPPLE, GINGER

*Daily Energizer*

BETERRABA, CENOURA, LARANJA  
· BEETROOT, CARROT, ORANGE

*Tropical Twist*

LARANJA, MAÇÃ, MANGA  
· ORANGE, APPLE, MANGO

€ 5.00

*Açaí Juice*

AÇAÍ COM SUMO DE LARANJA NATURAL  
· AÇAÍ WITH FRESH ORANGE JUICE

300ml  
**Solo Juices**

LARANJA  
ORANGE

MAÇÃ  
APPLE

CENOURA  
CARROT

€ 3.80

- 8oz -

## CHOCOLATE QUENTE HOT CHOCOLATE

- 8oz -

CREAMY  
HOT  
CHOCOLATE

€ 2.50

HOT CHOCOLATE MAXIMUM  
*With Whipped Cream  
and Marshmallows*

€ 3.10

# CAFFÈ

250ML SOLO · 300ML DOPIO

REGULAR  
-OR-  
ORGANIC  
BEANS

WHOLE  
-OR-  
SOYA  
MILK

|                 |      |      |
|-----------------|------|------|
| ESPRESSO        | 1.20 | 2.30 |
| CAPPUCCINO      | 2.80 | 3.20 |
| FLAT WHITE      | 2.80 | 3.20 |
| CAFFÈ LATTE     | 2.40 | 2.80 |
| LATTE MACCHIATO | 2.80 | 3.20 |
| AMERICANO       | 2.30 | 2.60 |
| MOCHA           | 2.90 | 3.30 |
| FRAPPÉ MOCHA    | 3.50 | 3.50 |
| FRAPPÉ LATTE    | 3.50 | 3.50 |

## Organic Fair-Trade TEA'S

SOLO

DOPIO

€ 2.40

€ 2.80

ELEGANT  
ENGLISH BREAKFAST

GORGEOUS  
EARL GREY

SUPREME  
MATCHA GREEN

PEPPERMINT  
& LICORICE

LEMONGRASS  
& GINGER

ORIGINAL CHAI

CHAMOMILE

DETOX